



SUNDAY 7 APRIL

Morning Concurrent

Pre Conference Workshops
8:30 - 12:30

(excluding 'ACUTE PAIN - FALLING THROUGH THE CRACKS' starting at 8:45am)

ACUTE PAIN - FALLING THROUGH THE CRACKS - AM
Sponsored by Seqirus (Room 5)

PAIN IN CHILDHOOD - AM (Room 6)

BASIC PAIN RESEARCH
(Room 8)

FUNDAMENTALS OF PAIN
Sponsored by Mundipharma (Room 7)

Afternoon Concurrent
Pre Conference Workshops
13:30pm - 17:00

ACUTE PAIN - FALLING THROUGH THE CRACKS - PM
Sponsored by Seqirus (Room 5)

PAIN IN CHILDHOOD - PM (Room 6)

PHARMACOLOGY IN PAIN MANAGEMENT
Sponsored by Mundipharma (Room 7)

PHYSIOTHERAPY IN PAIN MANAGEMENT
Sponsored by Australian Physiotherapy Association
and Pain Management Research Institute (PMRI) (Room 8)

5:00pm - 6:00pm
Discipline Sub Group Meetings
A. Medical (Room 5)
B. Nursing (Room 6)
C. Occupational Therapy (Room 2)
D. Pharmacology/Pharmacy (Room 4)
E. Physiotherapy (Room 7)
F. Psychology (Room 8)
G. Researchers: Clinical and Basic Sciences (Room 3)

18:00 - 19:30
Welcome Reception
(Exhibition Hall, Hall1 GCCCEC)

19:30 - 22:00
Basic Pain Research SIG Dinner - PM
& **Pain in Childhood SIG Dinner - PM**
(Bistro On3, Sofitel Gold Coast)

MONDAY 8 APRIL

07:15 - 08:15 **Breakfast Session**
Sponsored by Mundipharma - Is there a
Role for Opioids in Patients with Chronic
Non-Cancer Pain (Room 5)

Breakfast Session
Sponsored by Pierre Fabre (Room 9)

ARRIVAL TEA AND COFFEE

OFFICIAL OPENING (Arena 1B)

Welcome to Country - Aunty Robyn Williams

Official Opening - Professor Milton Cohen UNSW

PLENARY SESSION 1 (Arena 1B)

09:00 - 09:30 **IASP Global Year Against Pain in the Most Vulnerable: Brief and Digital Behavioral
Pain Medicine Across the Continuum of Care: "Empowered Relief" and "My Surgical
Success"** - Professor Beth Darnall, Stanford University, United States

09:30 - 10:00 **TESS CRAMOND LECTURE: A Focus On Mechanisms: Understanding The Mediators
Of Three Psychosocial Treatments For Chronic Low Back Pain - Dr Melissa Day,
University of Queensland, Australia**

10:00 - 10:15 Question time

MORNING TEA

10:45 - 12:15 **TOPICAL CONCURRENT SESSIONS 1**
1A What is Not Working? A Discussion of Opioids, Surgery and Placebo (Arena 1B)
1B Pain Management in CALD Communities (Room 5)
1D Nutritional Considerations for Pain Management in Vulnerable Populations (Room 6)
1E Let's talk about us. Transparency and Engagement in Pain Research (Room 8)
1F Migraine-News (Room 9)

LUNCH

Poster Walk Around Session

13:45 - 15:15 **TOPICAL CONCURRENT SESSIONS 2**
2A Managing the Opioid Dependent Patient with Chronic Pain - Learning by
Case-Based Discussions (Arena 1B)
2B Care Across Distance - Delivering Self-Management Programs into Regional
and Remote Communities (Room 5)
2C Innovative Solutions & Clinical Pathways to Improve Management of Common
MSK Pain Conditions (Room 6)
2D Improving Pain Experiences amongst Indigenous Children, Youth and their
Families, Neurodevelopmental Vulnerability and Pain (Room 7)
2E "Pain forget me not in the frail, forgetful me" - Pain in older people living
with cognitive impairment and frailty (Room 8)
2F Photobiomodulation - a Novel Non-Drug Treatment for Pain using Light
as either Laser or LEDs, to Modulate Pain. What is the evidence and what
are the mechanisms? (Room 9)

AFTERNOON TEA

PLENARY SESSION 2 (Arena 1B)

15:45 - 16:10 **NATIONAL INVITED SPEAKER: Pharmacological management of low back pain:
guideline recommendations, evidence and implications - Associate Professor
Christine Lin, University of Sydney, Australia**

RAPID COMMUNICATION SESSION

16:20 - 17:15 **SUNDERLAND LECTURE: Neuroimaging-based biomarkers for pain: From measures
to interventions - Dr Tor Wager, University of Colorado, United States**

17:15 - 18:30 **ECR FORUM: Pick the brain of a pain researcher! (Room 8)**

17:30 - 18:30 **EMERGING TARGETS IN CHRONIC PAIN: Understanding Nerve Growth Factor (NGF)
Sponsored by Pfizer (Including canapés & beverages - Room 6)**

18:00 **MONDAY EVENING SOCIAL (Kitchen Garden, The Star)**

TUESDAY 9 APRIL

07:15 - 08:15 **Breakfast Session**
Sponsored by Seqirus
Understanding Opioid Harm: Insights
Gained From Australian Data (Room 5)

Breakfast Session
Sponsored by IX Biopharma
Sublingual Ketamine Wafer: Phase
2b Results of Wafermine in Acute
Post-Operative Pain (Room 6)

ARRIVAL TEA AND COFFEE

PLENARY SESSION 3 (Arena 1B)

09:00 - 09:30 **NATIONAL INVITED SPEAKER: Does Improving Dietary Patterns and Nutritional
Status Within Chronic Pain Management Work? - Professor Clare Collins,
University of Newcastle, Australia**

09:30 - 10:00 **INTERNATIONAL KEYNOTE SPEAKER: Treatment of Neuropathic Pain -
Dr Nanna Brix Finnerup, Aarhus University, Denmark**

10:00 - 10:15 Question time

MORNING TEA

PLENARY SESSION 4 (Arena 1B)

10:45 - 11:10 **INTERNATIONAL KEYNOTE SPEAKER: Integrated Perioperative Pain Care and
Patient-Centered Prescription Opioid Tapering: Pragmatic Studies Across the
Continuum of Care - Professor Beth Darnall, Stanford University, United States**

RAPID COMMUNICATION SESSION

11:20 - 11:40 **NATIONAL INVITED SPEAKER: Low Back Pain: What Would a Paradigm Shift
Look Like? - Associate Professor Julia Hush, Macquarie University, Australia**

11:40 - 12:00 **APS Distinguished Member Awards**

LUNCH

Poster Walk Around Session

FREE PAPER SESSION

- 1 Peripheral Mechanisms in Acute & Chronic Pain (Arena 1B)
- 2 Models & Mechanisms of Pain Chronicity (Room 5)
- 3 Pain Across the Lifespan (Room 6)
- 4 Muscle, Movement & Exercise (Room 7)
- 5: Cervical & Cranial Pain (Room 8)
- 6 Management: Issues & Options (Room 9)

AFTERNOON TEA

15:30 - 17:00 **TOPICAL CONCURRENT SESSION 3**
3A Using Deception to Alter Perception: What Bodily Illusions, Placebo and Virtual
Reality can Tell us about Understanding and Treating Pain (Arena 1B)
3B Less than Satisfactory Communications About Pain? Bridging the Language
and Culture Gap (Room 6)
3C Social Aspects of Pain: New Frontiers in Pain Research and Management
(Room 5)
3D Developing and Implementing a National Pain Strategy: Lessons Learned
and Ideas Welcomed (Room 7)
3E Pockets of Vulnerability and Disadvantage: Targeting Services to Meet Needs
(Room 8)
3F Poisoning Pain - How Toxins tell us About Pain (Room 9)

19:00 - 23:00 **Conference Gala Dinner** Paradise Showroom, Home of the Arts
Transfers departing GCCCEC and Sofitel at 18:30 sharp

WEDNESDAY 10 APRIL

07:30 - 08:45 Australian Pain Society Annual General Meeting (Arena 1B)

ARRIVAL TEA AND COFFEE

PLENARY SESSION 5 (Arena 1B)

09:00 - 09:30 **INTERNATIONAL KEYNOTE SPEAKER: Placebo effects: Clinical impact and brain
mechanisms - Dr Tor Wager, University of Colorado, United States**

RAPID COMMUNICATION SESSION

09:40 - 10:05 **INTERNATIONAL KEYNOTE SPEAKER: Central Neuropathic Pain - Dr Nanna Brix
Finnerup, Aarhus University, Denmark**

10:05 - 10:15 **PhD Scholarship Presentation - Dr Sherelle Casey, University of Sydney, Australia**

10:15 - 10:35 **Rising Star Award Winner - Dr Arjun Muralidharan, University of Sydney, Australia**

10:35 - 11:00 **NATIONAL INVITED SPEAKER: Can Other Forms of Interoception Help us
to Understand Pain Processing? - Associate Professor Mike Farrell, Monash
University, Australia**

MORNING TEA

PLENARY SESSION 6 (Arena 1B)

11:30 - 12:10 **BONICA LECTURE: From pain to pain-killers: using venomous animals to help us
understand and treat chronic pain - Professor Glenn King, University
of Queensland, Australia**

12:10 - 12:35 **NATIONAL INVITED SPEAKER: Pain Management:
A Wicked Problem For Vulnerable Populations -
Ms Jenni Johnson, NSW Agency for Clinical Innovation, Australia**

12:35 - 12:45 **Cops for Kids Clinical Research Grant - Associate Professor Tasha Stanton, The
University Of South Australia**

12:45 - 13:10 **NATIONAL INVITED SPEAKER: The Blind Leading The Not So Blind: The Status
Of Patient Blinding In Rcts For Chronic Pain - Dr Ben Colagiuri, University of
Sydney, Australia**

Prize Presentations

Invitation to 2020 Conference & Conference Close

LUNCH (available to take away)

14:00 - 18:30 **Social Activity: Hinterland Walk**