

PARAMEDICAL WORKSHOP

EPIDERMAL RESURFACING TECHNIQUES

Running concurrently with the **7th National Laser & Cosmetic Medicine Conference**

This course is developed as an introduction to the clinical practice of dermal therapies used to resurface the epidermis, specifically clinical microdermabrasion, superficial chemical peeling and skin needling. Lectures focus on the application of dermal therapies within a cosmetic medical setting.

The two and a half-day course covers the Nationally Accredited Unit *1.1A Epidermal Resurfacing Techniques* and *HLTCOM406B Make Referrals to Other Health Care Professionals When Appropriate*. These units form part of Nationally Accredited and industry recognised qualifications in Dermal Science.

Suitable For:

The course is developed for nurses, beauty therapists, paramedical aestheticians or anyone considering a career in dermal therapies or cosmetic nursing.

Course Awards:

All attendees will receive a certificate of attendance. Attendees who choose to complete the associated assessments will be awarded with a Nationally Recognised Statement of Attainment and credit into any of the following courses:

- *Advanced Diploma of Cosmetic Dermal Science (52320)*
- *Vocational Graduate Certificate in Dermal Therapies (52356)*
- *Vocational Graduate Certificate in Cosmetic Nursing (51987)*

For further information on above qualifications, please visit www.aacds.edu.au

Presenters

The course is delivered by the *Australasian Academy of Cosmetic Dermal Science (AACDS)*. AACDS is a Registered Training Organisation, which has been delivering award-winning education in the field of dermal health and cosmetic nursing since 2004. For more information about AACDS, please visit www.aacds.edu.au

Course Fee

Early Bird Fee (before 15 July 2011) = \$650

Regular Fee (after 15 July 2011) = \$700

(Course fees include a course manual, DVD, certificate, all refreshments and access to the industry exhibition)

Register online

www.dcconferences.com.au/lcmc

Or contact the Conference Secretariat

DC Conferences Pty Ltd

PO BOX 637, North Sydney, NSW, 2059

Phone: 02 9954 4400 Fax: 02 9954 0666

Email: lcmc@dcconferences.com.au



Day One – Friday 16 September

1.30pm	Welcome and Registration
2.00pm	Introduction to Clinical Practice <ul style="list-style-type: none"> - New Role of the Dermal Therapist in cosmetic medicine - Ethical guidelines and your scope of practice - Role of the Cosmetic Nurses in cosmetic medicine - Qualifications and learning pathways - Insurance and litigation issues
3.30pm	Tea Break
3.50pm	<ul style="list-style-type: none"> - Risk assessment and management procedures - The importance of the consultation and informed consent - Written and photo documentation
5.00pm	Referring to other Health Care Professionals <ul style="list-style-type: none"> - When, to whom and how to refer your clients - Transfer of client records
5.30pm	Close

Day Two – Saturday 17 September

8.30am	Fitzpatrick Skin Types <ul style="list-style-type: none"> - Fitzpatrick skin type classification system and it's role in dermal therapies - Skin analysis - Post inflammatory hyperpigmentation
9.30am	Common Skin Conditions: Treatment and Referral <ul style="list-style-type: none"> - Revisiting the integumentary system - Common skin conditions treatable with dermal therapies - Selection of appropriate treatment options
10.15am	Morning Tea
10.30am	<ul style="list-style-type: none"> - Dermatologic conditions requiring referral - Skin assessment/analysis techniques
12.00pm	Lunch
1.00pm	Microdermabrasion <ul style="list-style-type: none"> - The mechanics of MDA machines - Crystal vs. non-crystal - Physiological and histological effects
3.00pm	Afternoon Tea
3.20pm	<ul style="list-style-type: none"> - Principles of MDA - MDA treatment levels (levels 1 to 3) - Indications and contraindications - DVD demonstration
5.00pm	Close

Day Three – Sunday 18 September

8.30am	Superficial Chemical Peeling <ul style="list-style-type: none"> - Classification of peeling strengths - Classification and type of peeling agents - Physiological and histological changes
9.30am	<ul style="list-style-type: none"> - Alpha Hydroxy Acids - pH and pKa - Clinical application - Indications and contra-indications
10.00am	Morning Tea
10.20am	<ul style="list-style-type: none"> - Process of epidermal repair post AHA peels - DVD presentation
12.00pm	Lunch
1.00pm	Superficial Chemical Peeling Continued <ul style="list-style-type: none"> - TCA and Jessner's Solution - Clinical application - Indications and contra-indications - Process of epidermal repair post Jessner's or TCA peeling - Risk assessment and management - DVD presentation
3.00pm	Afternoon Tea (Please Note: Attendees needing to travel home may continue the following Skin Needling lecture online)
3.20pm	Skin Needling <ul style="list-style-type: none"> - Devices used for percutaneous collagen induction (or skin needling) - Physiological and histological changes - Risk assessment and management of needle stick injuries - Clean vs. sterile – which method is more appropriate? - Indications and contra-indications - DVD presentation
5.00pm	Close