

Paramedical Workshop – Epidermal Resurfacing Techniques

Day One – Saturday 22 September 2012

Time	Topic / Lecture
8.30 am	Introduction to clinical practice - Qualification and titles - Insurance and litigation - Written and photo documentation
10.45 am	Morning Tea
11.00 am	Skin Conditions: Treatment and Referral - Skin science refresher - Histology and appropriate treatment for common cosmetic skin conditions - When to and how to refer for medical intervention
1.00 pm	Lunch Device Consulting – Laser Product Demonstration - Medlite C6 Q-Switch Nd:YAG – Skin Rejuvenation
1.45 pm	Microdermabrasion (MDA) - MDA versus other skin ablative treatments - Understanding the mechanics of MDA machines - Gross and microscopic changes associated with MDA treatment - Hygiene and safety precautions - Indications and contra-indications for MDA - Clinical application of grades one to three MDA treatment
3.45 pm	Afternoon Tea
4.00 pm	Chemical Peeling Part 1 - Categories of peeling agents - Superficial, medium and deep chemical peeling categories - Chemical analysis of Alpha Hydroxy Acids (AHAs) - Hygiene and safety precautions - Indications and contra-indications for AHA peels - Clinical application of AHAs
5.30 pm	Session close

Day Two – Sunday 23 September 2012

Time	Topic / Lecture
8.30 am	Chemical Peeling Part II - Chemical analysis of TCA, salicylic acid and Jessner's solution - Indications and contra-indications for superficial TCA and Jessner's solution
10.45 am	Morning Tea
11.00 am	Chemical Peeling Part II Continued - Hygiene and safety precautions - Clinical application of superficial TCA and Jessner's solution
1.00 pm	Lunch Device Consulting – Laser Product Demonstration Maximus Trilipo - Skin Tightening
1.45 pm	Skin Needling - Skin needling devices and categories - Gross and microscopic changes associated with skin needling - Indications and contra-indication to skin needling
3.45 pm	Afternoon Tea
4.00 pm	Skin Needling - Topical anaesthesia – which one? - Hygiene and safety precautions - Clinical techniques using non-medical skin needling devices
5.30 pm	Session close