# 12th Australian Palliative Care Conference | 3 - 6 September 2013

## PROGRAM | Pre Conference Workshops | Tuesday 3 September 2013

### Pre Conference Workshops

<table>
<thead>
<tr>
<th>Time</th>
<th>Full Day Workshops</th>
<th>Half Day Workshops</th>
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<thead>
<tr>
<th>Location</th>
<th>Indigenous Palliative Care</th>
<th>Paediatric Palliative Care</th>
<th>Volunteers Conference</th>
<th>Critical Appraisal</th>
<th>Integrated Framework: Dementia</th>
<th>NSAP / PEPA/ PCC4U</th>
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<tr>
<td>Fitzroy Room</td>
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<td>Sutherland Theatrette</td>
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<td>Swan Room</td>
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**MORNING TEA**

**LUNCH**

**AFTERNOON TEA**

**Workshops conclude**

**Conference Welcome Reception | Exhibition Area**

*National Convention Centre, Canberra*
### 12th Australian Palliative Care Conference | 3 - 6 September 2013

**PROGRAM | Day 1 | Wednesday 4 September 2013 | Morning**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7.00am</td>
<td>Registration opens</td>
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<tr>
<td>7.15am</td>
<td>Ground Floor</td>
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<tr>
<td>8.30am</td>
<td><strong>BREAKFAST SESSIONS:</strong></td>
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<tr>
<td>8.45am</td>
<td>1. Allied Health Hub Launch - Ballroom</td>
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<tr>
<td>9.15am</td>
<td>2. ANZSPM AGM - Fitzroy/Murray Room</td>
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<tr>
<td>10.30am</td>
<td>**OPENING CEREMONY</td>
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<tr>
<td>11.00am</td>
<td>Plenary Session 1</td>
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<td>12.30pm</td>
<td>**MORNING TEA</td>
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<td>12.30pm</td>
<td>Concurrent Sessions A</td>
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<td>A1 Project Presentations</td>
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<td>A2 Project Presentations</td>
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<td>A3 Workshops</td>
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<td><strong>Research</strong></td>
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<td></td>
<td>Sutherland Theatre</td>
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<tr>
<td></td>
<td>Palliative Care Research Network Victoria (PCRV): A state-wide initiative of collaboration for palliative care research</td>
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<td></td>
<td>Kristina Thomas</td>
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<td>Predicting place of death of community palliative care clients</td>
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<td>Joanna Smith</td>
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<td>Is community-based palliative care cost effective? Economic evaluation of the Australian Palliative Care Extended Packages at Home (PEACH) Pilot</td>
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<td></td>
<td>Nikki McCaffrey</td>
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<td>Recruiting to clinical trials in palliative care: Integrating recruitment into clinical care</td>
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<td></td>
<td>Belinda Fazekas</td>
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<td>Place of death decisions for Adolescents and Young Adults (AYAS) dying from cancer</td>
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<td>Janet Barling</td>
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<td><strong>Specific Populations</strong></td>
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<td>Swan/Torrens Room</td>
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<td>Opiate errors in the specialist cancer and palliative care setting: An exploratory study</td>
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<td>Nicole Heneka</td>
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<td>Motor Neurone Disease family carers’ experiences of caring, palliative care and bereavement</td>
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<td>Samar Aoun</td>
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<td><strong>Ballroom</strong></td>
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<td>ALTARS Workshop: Using art and ritual to commemorate deceased loved ones</td>
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<td>Colleen Nordstrom</td>
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<td>“We know more than we can say.” Reflection practice in palliative care</td>
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<td></td>
<td>Sarah Coulson</td>
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<td><strong>Fitzroy/Murray Room</strong></td>
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<td></td>
<td>The dynamics of hope and spiritual care</td>
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<td></td>
<td>Clair Hochstetter</td>
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<td>The importance of personhood in medicine and its relation to narrative</td>
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<td>Professor Eric Cassell</td>
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<td>**LUNCH</td>
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</tbody>
</table>
### A5 Research Papers

**Clinical Care**  
Bradman Theatrette

- **Using mixed-methods to develop evidence-based models of palliative care: A case study using data from a new model for people with malignant glioma and their carers**  
  *Anna Collins*

- **Exploring recognition and assessment of delirium symptoms by palliative care nurses: A qualitative study**  
  *Annmarie Hosie*

- **Implementation of the emergency medication kit in community specialist palliative care service patients**  
  *Kate Maher*

### A6 Research Papers

**Professional Practice and Education**  
Menzies Theatrette

- **Distances and costs create significant gaps in palliative care education in the Loddon Mallee**  
  *Ilana Solo*

- **Building community and professional capacity at the end of life: An evaluation of health promoting palliative care in the ACT**  
  *John Rosenberg*

- **Advance care planning knowledge, opinions and practice of Australian palliative care service staff**  
  *Marcus Sellar*

### A7 Research Papers

**Patient and Career**  
Nicholls Theatrette

- **Cancer and palliative care patients regard music as essential, supportive, incidental, or lost: Implications for healthcare**  
  *Clare O’Callaghan*

- **‘I’ve already maxed out two credit cards’: What does curing ‘cost’ family and whanau within a palliative care context?**  
  *Merryn Gott*

- **Death awareness and acceptance in patients with terminal cancer**  
  *Isuri Weerakkody*

### A8 Research Papers

**Global to Local**  
Royal Theatre

- **Palliative care at an international level**  
  *Dr Yvonne Luxford*

- **Palliative care as an international human right: A tool for advocacy**  
  *Dr Frank Brennan*

- **Palliative care and indigenous health**  
  *Ngangkari*
### Plenary Session 2 | Royal Theatre

**What’s new in the sector**

- **Professor David Kissane**  The contribution of psycho-oncology to palliative care  
- **Professor Eric Cassell**  Healing the sick person

### Afternoon Tea  |  Exhibition Hall, Ground Floor

### Concurrent Sessions B

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
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<tbody>
<tr>
<td>1.30pm</td>
<td>B1 Project Presentations</td>
<td>Sutherland Theatre</td>
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<tr>
<td>1.40pm</td>
<td>B2 Project Presentations</td>
<td>Swan/Torrens Room</td>
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<td>2.20pm</td>
<td>B3 Workshops</td>
<td>Ballroom</td>
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<tr>
<td>3.00pm</td>
<td>B4 Research Papers</td>
<td>Bradman Theatre</td>
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</table>

#### Education

- **Sutherland Theatre**
  - Scoping the palliative care education needs of the aged care workforce: Results of a national scoping survey  
    - Clare Christiansen
  - Education via video conference builds confidence in providing palliative care beyond tertiary centres  
    - Robin Ray
  - Developing exemplars for sustained integration of palliative care principles into allied health curricula  
    - Alison Farrington

- **Swan/Torrens Room**
  - Dying in place of choice: Is it feasible for terminally ill people who live alone  
    - Samar Aoon
  - Discharging patients from an Australian hospice to residential aged care: A retrospective audit and residential aged care staff perceptions  
    - Mil Chan
  - Developing caring communities: What happens to community capacity when people come together to care for someone dying at home?  
    - Debbie Horsfall
  - The Carer Support Needs Assessment Tool (CSNAT) application in Western Australia: Preliminary findings  
    - Samar Aoon

#### Service Delivery

- **Ballroom**
  - Providing best practice bereavement support: Moving from evidence to practice  
    - Christopher Hall
  - The indigenous component of PEPA: A model for building capacity in the indigenous health workforce  
    - Mick Adams
  - After-hours telephone triage: A palliative care support service in Victoria, Australia  
    - Charlotte Chidell
  - Cultivating emotional competence in working with dying and bereaved persons  
    - Associate Professor Amy Chow

- **Bradman Theatre**
  - Five years of PCOC (Palliative Care Outcomes Collaboration): Progress and plateaus  
    - Janet Taylor
  - Caring for imminently dying residents in aged care facilities: The experiences of health care assistants in New Zealand  
    - Susan Fryer
  - Evaluation of an innovative model for end of life care in a rural setting  
    - Claire French

#### Poster, Wine and Cheese Session  |  Foyer, Ground Floor
<table>
<thead>
<tr>
<th>B5 Research Papers</th>
<th>B6 Research Papers</th>
<th>B7 Research Papers</th>
<th>B8 Panel Discussion</th>
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<tbody>
<tr>
<td><strong>Professional Issues</strong>&lt;br&gt;Menzies Theatrette</td>
<td><strong>Patient and Carer</strong>&lt;br&gt;Nicholls Theatrette</td>
<td><strong>Aged Care</strong>&lt;br&gt;Fitzroy/Murray Room</td>
<td><strong>Royal Theatre</strong></td>
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</table>
| Professional loneliness and emotional uncertainty: How medical specialists experience emotional aspects of their work with patients with life-limiting illnesses  
Sofia Zambrano Ramos | Patients’ and carers’ perceptions of the occupational therapy role in facilitating discharge from an inpatient palliative care setting  
Celia Marston | Use of the Residential Aged Care End of Life Care Pathway (RACEOLCP) in residential aged care facilities  
Fiona Israel |  |
| Easy, fast and good: Caresearch creates and publishes search filters for clinicians to have ready reliable access to the best palliative care evidence  
Sarah Hayman | Predictors of bereavement outcome for family caregivers: A prospective study across the palliative care bereavement trajectory  
Colleen Nordstrom | Palliative Care Case Conference (PCCC) in Residential Aged Care (RAC): What do families want and are their needs being met?  
Deborah Parker |  |
| How do Australian palliative care nurses address existential and spiritual concerns?  
Facilitators, barriers and strategies  
Robyn Koall | Studying family meetings: What have we learned and what should we measure?  
Christine Sanderson | Inadequate pain relief in terminal illness: Human rights abuse  
Professor Colleen Cartwright |  |

**Palliative care under a new government:**  
What do WE want?  
**PANEL includes:**  
Mr Michael Moore,  
Dr Yvonne Luxford
### PROGRAM | Day 2 | Thursday 5 September 2013 | Morning

**7.00am** | Registration opens | Ground Floor

**7.15am** | MEET THE EXPERTS BREAKFAST | Ballroom

**8.30am** | Plenary Session 3 | Royal Theatre

**What’s new in the sector**

**Professor Colleen Cartwright**  Palliative Care physicians’ knowledge, attitudes and practice relating to the law on withholding and withdrawing life-sustaining treatment from adults who lack capacity

**Dr Adrian Hopper** AMBERcarebundle: Improving the quality of care for patients with uncertain recovery

**8.45am**

**9.25am**

**10.00am** | MORNING TEA | Exhibition Hall, Ground floor

**10.25am**

**10.55am**

### Concurrent Sessions C

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**Advance Care Planning**

**Sutherland Theatre**

A single-centre audit of advance care planning among elderly inpatients  *Flora Cheang*

**Clinical Pathways**

**Swan/Torrens Room**

Improving patient outcomes by providing access to specialist palliative care via development of a rapid response clinic in a comprehensive cancer centre  *Corry De Neef*

**Symptom Management**

**Ballroom**

Using N of 1 trials to assess the efficacy of methylphenidate in fatigue in advanced cancer patients  *Geoffrey Mitchell*

**Grief and Bereavement**

**Fitzroy/Murray Room**

Acknowledging multicultural grief and bereavement  *Philippa Sweeney*

**11.10am**

**11.40**

**12.45pm**

**1.30pm**

**LUNCH** | Exhibition Hall, Ground floor

**Plenary Session 4** | Royal Theatre

**Mr Peter Roberts** Compassionate care through music

**The Ngangkari** Traditional healers of Central Australia talk about their work, lives, history and culture

**Thursday AM**
Thursday AM

<table>
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<tr>
<th>C5 Speed Talks</th>
<th>C6 Speed Talks</th>
<th>C7 Speed Talks</th>
<th>C8 Speed Talks</th>
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<tbody>
<tr>
<td><strong>Education and Research</strong></td>
<td><strong>Patient and Carer</strong></td>
<td><strong>Rural and Regional</strong></td>
<td><strong>Models of Care</strong></td>
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<td>Bradman Theatrette</td>
<td>Menzies Theatrette</td>
<td>Nicholls Theatrette</td>
<td>Royal Theatre</td>
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<tr>
<td>Providing ‘best practice’ placements begins with mentoring skills: Overview of the Program of Experience in the Palliative Approach (PEPA) quality improvement initiatives for mentors</td>
<td>Patient and family experiences of palliative care in hospital: What do we know? An integrative review of the literature</td>
<td>Dying in a rural hospital: Is it beyond our reach?</td>
<td>Who, why and when: Stroke care unit patients seen by a palliative care service within a large metropolitan teaching hospital</td>
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<td>Christine Howard</td>
<td>Jackie Robinson</td>
<td>Anne Scott</td>
<td>Brian Le</td>
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<td>Redefining the specialist palliative approach: Clinical trials, an initial experience</td>
<td>A multimedia resource for carers of palliative care patients: A consumer-led project</td>
<td>Home telehealth and palliative care: What is stopping us?</td>
<td>Project Hamrahi: Four years on</td>
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<td>Gillian McCarthy</td>
<td>Kristina Thomas</td>
<td>Natalie Bradford</td>
<td>Odette Syrbyt</td>
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<td>Participating in a palliative care clinical trial: A patient’s perspective</td>
<td>Chinese family obligations: Confucian cultural beliefs influencing palliative care for Chinese families and female carers in Australia</td>
<td>Evaluating the effectiveness of a self directed learning package in increasing palliative care knowledge and confidence for health care workers in rural aged care facilities</td>
<td>Restorative care for palliative patients: A retrospective clinical audit of outcomes for patients admitted to an inpatient palliative care unit</td>
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<td>Natalie Cotri</td>
<td>Mary Heidenreich</td>
<td>Steven Pitman</td>
<td>Fiona Rumacres</td>
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An integrated learning model of nurse education and support |
Plenary Session 5 | Royal Theatre

Regina Kendall “Know the way, show the way, go the way.” Nursing leadership, identity and teamwork in palliative care

Ms Ita Buttrose Dementia, palliative care and social change

Professor Ian Maddocks Guest Lecture | Linda Jaffrey ‘Caring for my imagined future’: Important considerations for advance care planning for older community dwelling adults with chronic, life limiting illness

AFTERNOON TEA | Exhibition Hall, Ground floor

Concurrent Sessions D

D1 Project Presentations  D2 Project Presentations  D3 Workshops  D4 Workshops

Residential Care
Sutherland Theatre

Embedding a palliative approach in residential disability homes: A partnered capacity building approach
Bruce Rumbold

My home till the end: The palliative care needs of people with disabilities living in group homes
Sharon O’Hehir

Trial of “Bedside Whispering” family audio recordings program for frail residents in a Hong Kong nursing home
Him Yan Daniel Law

Development of a medication imprest system endorsed by the Australia and New Zealand Society of Palliative Medicine (ANZSPM) to support terminal symptom management in Residential Aged Care Facility (RACF) residents
Liz Reymond

Blind care: A small rural health service continuity model of palliative care
Alison Lowe

Workforce
Swan/Torrens Room

Understanding a palliative approach from nursing assistants’ perspectives in residential aged care facilities
Sara Karacsony

Self assessment as a catalyst for service improvement: The introduction of an initial assessment psychosocial clinic for palliative care
Kate Swetnam

Reflection on practice: A system-level learning tool
Sue Hanson

Knowing where the personal ends and the professional begins: Providing palliation while understanding professional boundaries
Kim Devery

What might the palliative care volunteer look like in 2020?
John Rosenberg

The palliative care phase assessment in practice
Sabina Clapham

Essential nursing knowledge and the skills needed to conduct comprehensive respiratory and abdominal clinical assessments
Karen Quinn

How to run a family meeting in the palliative setting
Professor David Kissane

Ballroom

Learning from developing and improving services: Using the MORECare statements and patient and family reported outcomes
Professor Irene Higginson

Fitzroy/Murray Room
### D5 Research Papers

#### Patient and Carer
**Bradman Theatrette**

- **Providing standardized assessment and treatment of emotional distress in the palliative care inpatient: Impact on pain and well-being**  
  Shibani Ray-Mazumder

- **Risk factors for developing prolonged grief during bereavement in family carers of cancer patients in palliative care: A longitudinal study**  
  Kristina Thomas

- **Parents’ and music therapists’ reflections on the experience of music and music therapy for paediatric palliative care patients and their families, who come from diverse cultural backgrounds**  
  Lucy Forrest

#### Service Delivery
**Menzies Theatrette**

- **Perceptions and attitudes to early integration of palliative care for patients with incurable lung cancer: Results of a survey**  
  Brian Le

- **End of life care in NSW: How does everybody see their business? A summary of findings from the NSW Quality Systems Assessment 2012**  
  Amanda Walker

- **The Public Health approach to bereavement support: Findings from a scoping study**  
  Samar Aoun

#### Research Methodology
**Nicholls Theatrette**

- **Challenges in palliative care research: Improving the evidence base to inform practice and policy**  
  Samar Aoun

- **The impact of implementation of an emergency medication kit on caregivers: The development of a medication specific self efficacy scale**  
  Tracey Bullen

- **Caregiver Assessed Distress to Symptoms (CADS): Development and validation of a new instrument to measure family caregiver distress to palliative care patient symptoms**  
  Colleen Nordstrom

### D8 Q & A Panel

#### Advance Practice
**Royal Theatre**

- **When is palliative care everyone’s business and when is it time to bring in the specialists? Looking at advance practice**
  **PANEL**  
  Dr Geoff Mitchell,  
  Dr Deirdre Morgan,  
  Ms Kate Maher,  
  Dr Dennis Padl
**Plenary Session 6 | Royal Theatre**

**What’s new in the sector**

*Dr Frank Brennan* The nature of death and the role of palliative care

*Associate Professor Amy Chow* Grieving as insanity or expression of love?

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**Morning Tea | Exhibition Hall, Ground floor**

**Concurrent Sessions E**

**E1 Project Presentations**

**Quality and Improvement**

*Sutherland Theatrette*

*Palliative Care Outcomes Collaboration (PCOC)* informing quality improvement in Australian palliative care services  
*Janet Taylor*

*Assessing service capability in Victoria: Access to appropriate levels of palliative care for everyone*  
*Ellen Sheridan*

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**Therapeutics**

*Swan/Torrens Room*

*A retrospective study to report the use and tolerability of subcutaneous ranitidine infusions on an inpatient palliative care unit*  
*Naomi Byfield*

*Improving medication safety in the palliative care home setting*  
*Caroline Short*

*Polypharmacy in palliative care: Optimising medications at the end of life*  
*Sarah Charlton*

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**E3 Workshops**

**Ballroom**

*Hearing, recognising and “speaking” the language of the spirit with people receiving palliative care: Developing skills learnt from research, practice and clinician education*  
*Meg Hegarty*

*Engaging palliative care for adolescent and young adults: Let’s talk about the hard stuff!*  
*Toni Lindsay*

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**E4 Workshops**

*Fitzroy/Murray Room*

*Using a self completed checklist to assess and manage the needs of the carers of people with advanced cancer in general practice: Results*  
*Geoffrey Mitchell*

*Development and implementation of a new model of clinical care in patients with advanced cancer: Palliative Radiotherapy Rapid Assessment Clinic (PRRAC) illness*  
*Kathy Pope*

*Dignity Therapy a brief psychotherapy to benefit dying patients and their families*  
*Brenda Bentley*

*Music therapy to support families through multiple child losses: Considerations and challenges*  
*Lucy Forrest*

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**LUNCH | Exhibition Hall, Ground floor**

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**Plenary Session 7 | Royal Theatre | Panel Discussion**

*Professor Irene Higginson, Professor Eric Cassell, Professor Colleen Cartwright, Professor David Currow, Ms Debra Cerasa*

**What’s the one thing you would change to make sure palliative care becomes everyone’s business?**
<table>
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<th>E5 Research Papers</th>
<th>E6 Research Papers</th>
<th>E7 Research Papers</th>
<th>E8 Research Papers</th>
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<tbody>
<tr>
<td><strong>Patient and Carer</strong>&lt;br&gt;Bradman Theatre&lt;br&gt;The sights and sounds of palliative care - caregivers' experiences at the deathbed: A qualitative study&lt;br&gt;Elizabeth Lobb</td>
<td><strong>Service Delivery</strong>&lt;br&gt;Menzies Theatre&lt;br&gt;What impact does community-based case conferencing have on non-hospital resource utilisation in patients with advanced life-limiting illness?&lt;br&gt;Nikki McCaffrey</td>
<td><strong>Symptom Control</strong>&lt;br&gt;Nicholls Theatre&lt;br&gt;A multi-site, fixed dose, parallel arm, double-blind, randomised, placebo-controlled trial of infusional octreotide or placebo with regular parenteral ranitidine and dexamethasone in the control of vomiting associated with malignant bowel obstruction&lt;br&gt;David Currow</td>
<td><strong>Clinical / Symptom</strong>&lt;br&gt;Royal Theatre&lt;br&gt;A pilot study to investigate adherence to long-acting opioids among patients with advanced lung cancer&lt;br&gt;Jaclyn Yoong</td>
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<tr>
<td><strong>Do early patient centered family meetings reduce patient and family distress at first admission for in-patient palliative care?</strong>&lt;br&gt;Anne Johnson</td>
<td><strong>Evaluation of a Nurse Practitioner (NP) led palliative care service in Residential Aged Care Facilities (RACF) within Metro South Health (MSH)</strong>&lt;br&gt;Therese Engeler</td>
<td><strong>Pharmacovigilance in hospice/palliative care: Net effect of haloperidol for delirium</strong>&lt;br&gt;Gregory Crawford</td>
<td><strong>Is early integration of palliative care for patients with incurable lung cancer acceptable to Australian healthcare professionals?</strong>&lt;br&gt;Katie Doan</td>
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<tr>
<td><strong>“This time it can’t be fixed”: Attitudes and difficulties in managing adolescent and young adult patients from a palliative care perspective</strong>&lt;br&gt;Toni Lindsay</td>
<td><strong>Can palliative care truly become “everybody’s business” in the Australian health care system of today?</strong>&lt;br&gt;Teresa Burgess</td>
<td><strong>Pain and other symptoms of patients in Australian palliative care services</strong>&lt;br&gt;Tanya Pidgeon</td>
<td><strong>The longitudinal pattern of response when morphine is used to treat chronic refractory dyspnoea</strong>&lt;br&gt;David Currow</td>
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