

## **Topic: Looking for ways to acknowledge indigenous metaphorical thinking into my coaching**

**Convened by:** Arlene Quinn

**Participants:** Deb Saville, Richard, Linz Breach

- Stepping into another person's reality – metaphors/paradigms
- Giving the client time to tell story
- Appropriate language
- Not to appear trying too hard
- We refer to inspiration from other cultures – do we need to know more dreamtime stories
- Acknowledgment for country
- Having indigenous art/stories/etc could be contextual so could be used as landscape for
- Holistic views could be seen as 'helicopter' views
- Enriched beliefs/views could be opened by questions such as number of seasons e.g naungah culture
- Indigenous smarts/many intelligences provide intel to aboriginal cultures
- Texts may be uncaptured in coaching conversations
- People are avoiding the bigger issues because they may have a need to culturally acknowledge before they can identify and trust you as a coach
- What can we take from the successes of coexistences in the aboriginal culture
- Aboriginal core may bring different values e.g property
- What might happen if we challenge our views of aboriginal paradigms e.g excess in society, respect for elders, being vs doing, feeling the earth
- Where we use music and meditation and coaching tools what about the aboriginal images
- Question; what's the benefit of the society we live in now compared to a more simple existence
- Books and movies as metaphors. dances with wolves, black rob,
- Different concepts; listen for similarities and acceptance of difference
- Build a library of movies that provide messages that could be used to prescribe better conversation