RESILIENCE – BEND OR BREAK? HYPNOTHERAPY CREATING STRENGTH WITHIN

In this conference, international and Australian professionals will provide current and leading-edge information to integrate into the day to day practice of clinical hypnotherapists.

- What determines whether we overcome or are overcome?
- How do we build resilience to overcome adversity and see ourselves as victim or victor?
- How do we build the coping ability emotionally, mentally and physically?
- What tools and skills do we utilise and build to develop empowered resilience?

Who should attend?
Hypnotherapists, counsellors, psychologists, psychotherapists, medical professionals and other mental health and family therapy professionals.

Important dates
August 2018 Abstract submissions open
31st January 2019 Abstract submissions close
11th March 2019 Registrations open
31st July 2019 Early Bird deadline
13-15 September 2019 Conference

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