

.Young Neurologists SIG workshop; 19th May 2012, WCNR, Melbourne

9.30-11.00 am

Please register early- places are limited!!!

Botulinum Toxin in Post Stroke Spasticity; Practical Management Issues for Young Neurologists and Trainees

Neurologists have become increasingly involved in the practice of rehabilitation as rehabilitation medicine has developed as a medical subspecialty and treatment options for neurological disorders have expanded. Despite improvements in prevention and acute management stroke remains a common condition and a major cause of disability across the globe. For patients who have had a stroke an effective rehabilitation program is critical to maximize functional recovery and improved quality of life

Young neurologists have an excellent opportunity to be involved in the area of management of post stroke spasticity in the context of use of Botulinum Toxin treatment.

We are delighted to present a practical workshop aimed at young neurologists and trainees interested in establishing a post stroke spasticity program in their own hospital environment. Three speakers who are passionate in this field will present aspects of the subject as follows.

Please join us in this workshop discussing this exciting field of post stroke spasticity management aimed at giving your stroke patients further opportunities for recovery.

Speakers:

- 1. Dr.Tissa Wijeratne (Neurologist, Western General Hospital & University of Melbourne)-** An Introduction (TW will cover the physiology of spasticity, epidemiology of post stroke spasticity, mechanism of action of Botulinum Toxin and evidence of use in post stroke spasticity)
- 2. MS Liz Judd (Senior physiotherapist in neurosciences, Comprehensive Post Stroke Spasticity Program, Austin Hospital, Melbourne)-** Clinical assessment of post stroke spasticity (LJ will cover the clinical assessment of spasticity and introduce some assessment scales that can be used in the post stroke spasticity clinical setting)
- 3. Dr. Andrew Hughes (Neurologist and Neurorehabilitationist, Comprehensive Post Stroke Spasticity Program, Austin Hospital, Melbourne)-** Use of Botulinum Toxin in the clinic; How to do it (AH has more than twenty years of experience in this field. He will cover the areas of how to set up a post stroke spasticity clinic, how to select appropriate muscles, how to inject and all the practicalities at a basic skills workshop level)